



A Week of RAINBOWS

Violet

The energy of royalty, spirituality and divinity. It resonates from your crown chakra, and is your gateway to your angels and guides.

Your VIOLET experience:

When you meditate on this color, or take the time to really look at and FEEL the energy from VIOLET, what do you feel?

What words would you use to describe how VIOLET would taste?

What would VIOLET sound like, if it was a sound?

What EMOTIONS do you feel as you experience VIOLET?

Do you have much VIOLET in your life right now (clothing or environment)

Do you think you could benefit from adding the energy of VIOLET to your life right now?